## Thomaston Public Schools Information and Request Form for Food and Beverage Fundraisers in Healthy Food Certification Public Schools

The attached form, *Request Form for Food and Beverage Fundraisers in Healthy Food Certification (HFC) Public Schools*, is used by Thomaston Public Schools to review fundraisers for compliance with the requirements of HFC and the state beverage statute. This Connecticut State Department of Education (CSDE) form is used by Thomaston Public Schools to ensure that all school fundraisers meet state requirements.

- All food fundraisers must meet the Connecticut Nutrition Standards (CNS) and all beverage fundraisers must meet the beverage requirements of Section 10-221q of the Connecticut General Statutes (C.G.S.) unless the board of education or school governing authority votes to allow exemptions and the foods/beverages are sold at the location of events that occur after the school day or on the weekend, provided they are not sold from a vending machine or school store. An "event" is an occurrence that involves more than just a regularly scheduled practice, meeting or extracurricular activity. For example, soccer games, school plays and interscholastic debates are events but soccer practices, play rehearsals and debate team meetings are not. The "school day" is the period from midnight before to 30 minutes after the end of the official school day. For information on beverages, see the CSDE's handout, *Allowable Beverages in Connecticut Schools*, and the Beverage Requirements Web page. For information on the CNS, see the *Summary of CNS* and CNS Web page.
- Fundraising organizations must identify how food and beverage items were evaluated for compliance with the CNS and C.G.S. Section 10-221q. For purchased items, the CSDE strongly recommends that districts use the *List of Acceptable Foods and Beverages* to determine which food and beverages may be sold. This list includes brand-specific foods and beverages that comply with state and federal requirements for competitive foods. For school-made foods, districts must conduct a nutrient analysis of the recipe. School-made foods include items that 1) are prepared from scratch using a recipe ,e.g., entrees, soup, baked goods, cooked grains, vegetables; or 2) require some additional processing by adding other ingredients after purchasing, e.g., popping popcorn kernels with added oil or making cookies from a mix and adding butter and eggs. Information on evaluating recipes is available in the CSDE's handout, *Guidance on Evaluating School Recipes for Compliance with the CNS*, and the CSDE's Evaluating Foods for Compliance Web page.
- Fundraisers on school premises must be structured so that all foods/beverages meet the state requirements or foods/beverages are only sold to students at events that meet the specified exemption criteria (see first bullet above). If students deliver fundraiser orders and money to school and pick up foods/beverages at school, the fundraiser is selling foods/beverages to students on school premises. Parents or other adults must pick up the foods/beverages unless the pick-up location is off school premises or the board of education allows exemptions and the pick-up is during an event that occurs after the school day or on the weekend. The district's pick-up policy for foods/beverages must be clearly indicated on the school's fundraising flier and any written communication regarding the fundraiser.
- Section 10-215b-23 of the Regulations of Connecticut State Agencies applies to all food and beverage sales on school premises, including products that meet the CNS and state beverage requirements. It requires that the income from the sale to students of any foods or beverages sold anywhere on school premises from 30 minutes before up through 30 minutes after any USDA school nutrition programs must accrue to the food service account. For more information, see the CSDE's handout, Connecticut Competitive Foods Regulations, and *Guide to Competitive Foods in Schools*.

For more information on fundraisers, see the CSDE's handout, *Requirements for Food and Beverage Fundraisers*. The CSDE's handout, *Healthy Fundraising*, provides suggestions for fundraising with nonfood items and activities.

For more information, visit the CSDE's Healthy Food Certification and Competitive Foods Web pages or contact Susan S. Fiore, M.S., R.D., Nutrition Education Coordinator, Connecticut State Department of Education, Bureau of Health/Nutrition, Family Services and Adult Education, 25 Industrial Park Road, Middletown, CT 06457, 860-807-2075, susan.fiore@ct.gov.

## Thomaston Public Schools Request Form for Food and Beverage Fundraisers in Healthy Food Certification Public Schools

## Complete this form for all school food and beverage fundraisers and submit to the School Principal of the school where the food and/or beverage will be sold at least thirty (30) days prior to the proposed fundraiser. This form does not replace Fund-Raiser 1324/3281 Form #1.

All food fundraisers must meet the Connecticut Nutrition Standards and all beverage fundraisers must meet the beverage requirements of Section 10-221q of the Connecticut General Statutes and the USDA Smart Snacks standards **unless** the board of education votes to allow exemptions **and** the foods and beverages are sold at the location of events that occur after the school day or on the weekend, provided they are not sold from a vending machine or school store. Information on acceptable fundraisers can be found in the Connecticut State Department of Education's (CSDE) handout, *Requirements for Food and Beverage Fundraisers*.

## School Where Fundraiser Will Occur:

Fw	ndraising Organization:				
Fw	ndraising Contact Person:				
Pho	one:	E-mail:			
Dat	te(s) of Fundraiser: FROM / / month	/	ТО	/ /	
	month	day year		month day year	
1.	<ul> <li>Will the fundraiser sell any food items? □ Yes</li> <li>a. Do the food items meet the Connecticut Nutrition</li> <li>□ No □ Yes, how determined? (e.g., items are</li> </ul>	on Standards?	kip to question 2 's List of Acceptable Fo	oods and Beverages*, conducted recipe analysis	
2.	Will the fundraiser sell any <b>beverages</b> ?  Yes a. Do the beverages meet the requirements of state No Yes, how determined? (e.g., items are	e statute?		ods and Beverages*, conducted recipe analysis)	
3.	List all food or beverage items sold, e.g., candy, cookie dough, cakes, soda, etc. (Attach additional pages if necessary)				
	Manufacturer Food or Beverage				
4.	Who will the fundraiser items be sold to? (Check all         Students       Parents and Other Adults	<i>ll that apply)</i> School Staff	□ Other (Specify)	I	
5.	Where will the fundraiser be conducted? ( <i>Check al.</i>			ises Off school premises	
6.	When will the fundraiser be conducted? ( <i>Check all that apply</i> ) After school day: <i>Indicate times</i>		<ul> <li>During school day: <i>Indicate times</i></li> <li>Weekends: <i>Indicate times</i></li> </ul>		
7.	Will the fundraiser be conducted at the location of an event that has been exempted by the board of education? $\Box$ No $\Box$ Yes, describe event:				
8.	How will the fundraiser be conducted? Explain the sales process, money collection process and pick up procedures:				
* T	he CSDE's List of Acceptable Foods and Beverages includes b	rand-specific fo	ods that meet state and fe	ederal requirements for competitive foods.	
$\square A$	District Use Only. Fundraiser is (Check One): Approved: Fundraiser meets CNS and/or state beverage sta Not Approved: Reason	tute and will be	e conducted in compliar	nce with HFC requirements.	

Date