

## **Students**

### **Health Examinations for Interscholastic Athletic Participation**

It is the intent of the Thomaston Board of Education that each student participating in interscholastic sports has his/her physical examination record on file in a timely manner. To this end, all school athletes are required to have an annual physical examination done. This examination is to be done by a legally qualified practitioner of medicine, an advanced practice registered nurse (APRN) licensed pursuant to chapter 378 or physicians assistant (PA) licensed pursuant to chapter 370, records on the approved physical form, and will include: family health history, height, weight, blood pressure, hemoglobin, urinalysis, musculoskeletal assessment, cardiovascular assessment, and other assessments as deemed necessary by the examining physician.

Emergency medical forms must also be filled out by the parent/guardian and handed into the coach before student is eligible to play.

Legal Reference: Connecticut General Statutes

10-204a Required immunizations

10-205(d) Appointment of school medical advisor

10-206(b) Health assessments

10-206a Free health assessments

10-208 Exemption from examination or treatment

10-214 Vision, audiometric and postural screening: When required; notification of parents re defects; record of results

10-241b Compliance report by local or regional board of education

Policy adopted: February 12, 2018

THOMASTON PUBLIC SCHOOLS  
Thomaston, Connecticut

